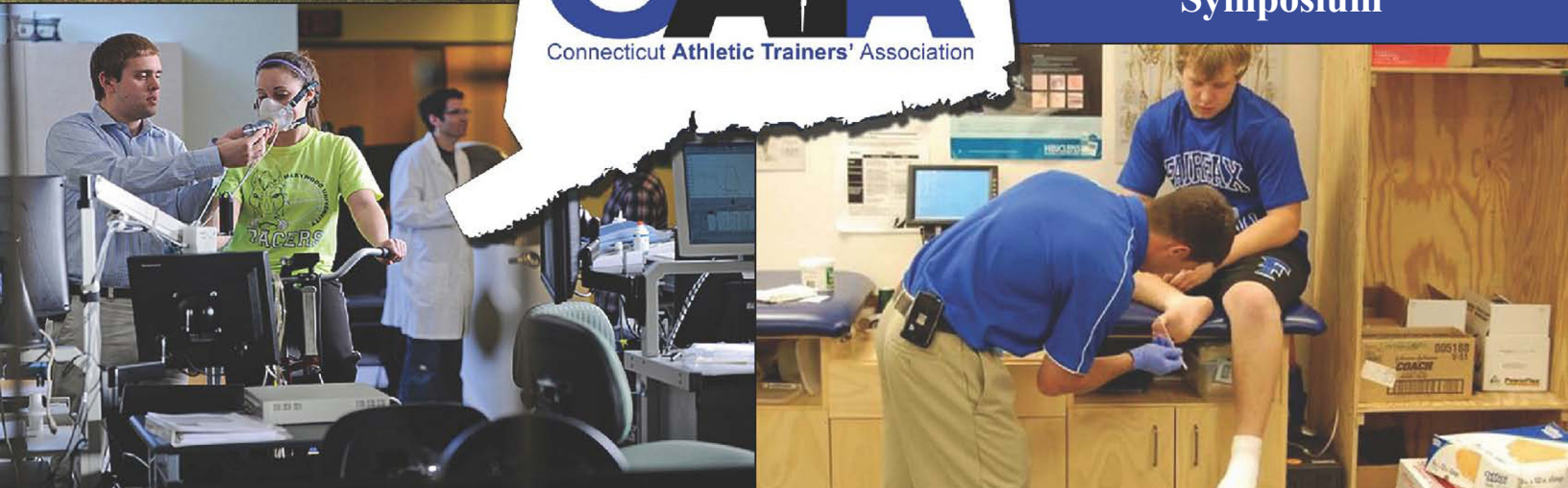




2024 CATA Annual Symposium



2024 CATA Symposium
Tuesday, May 21, 2024
Central Connecticut State University
Student Center – Alumni Hall



CEU's

The Program currently is set to offer 5.5 Category A CEU's

Additional CEU Monday May 20
 Alvarium Beer Company New Britain, CT doors open 6:30 pm
 Facilitated Leadership by cAtalyzing coaching –
 *Sponsored by Henry Schein

Program Objectives

- Participants will gain understanding of servant leadership principles and identify strategies to create collaborative teamwork in the workplace.
- Participants will gain understanding of considerations when working with the diabetic population.
- Participants will dissect emergency scenarios from different healthcare professionals' standpoint with physicians and EMS and strategize implementing pre-competition medical time out.
- Participants will gain hands-on skills from physicians and various healthcare professionals with orthopedic and non-orthopedic components to adhere to all practice settings



2024 CATA Annual Symposium

Agenda

Tuesday, May 21, 2024

7:00 - 7:30 AM

Registration

7:30 - 7:40 AM

Welcome

7:45 – 9:15 AM

Implementing Servant Leadership Principles to Create Awesome Teams in Your Workplace

Ryan Stevens, Catalyzing Coaching **Sponsored by Henry Schein*

9:15 - 10:15 AM

Diabetic Considerations & Practical Implications

Garrett Ash, PhD, Yale School of Medicine; James Lukasik

10:15 - 10:25 AM

Meet the Vendors / Break

10:25 - 11:25 AM

Emergency Scenarios & Medical Time Out

CATA / Physicians / New Britain EMS

11:25 – 11:35 PM

Meet the Vendors / Break

11:35 - 12:25 PM

Breakout Session #1

1. Suturing - Practice kit and Instruction provided by [Connecticut Orthopedics](#) *limited spots*
2. Differential Diagnosis - Physician Lead
3. Shoulder - GH Reductions, red flags, & sideline testing - Physician Lead
4. Knee - Patellar Reductions, red flags, & sideline testing - Physician Lead
5. Managing Airways - New Britain EMS
6. Applying your Servant Leadership Skills: Solving your People Problems - applying principals in morning session to open Q&A Forum to share challenges and solutions. - Ryan Stevens, cATalyzing Coaching

Lunch / Business Meeting / Scholarships / Awards

12:25 - 1:00 PM

Breakout Session #2

1:05 – 1:55 PM

1. Finger Reductions & Hand Splinting/Casting - Physician Lead
2. Ergonomic/Industrial Evaluations & Experience - Heather Koster, Amazon Injury Prevention Specialist
3. Reducing Athletes Mental & Physical Load with Yoga - Jenn Tirillo, Concentric Care & Wellness
4. Managing Emergency Heat Illness & EAP - Michael Szymanski - KSI
5. Mental Performance Tactics & Skills for your Athletes and Patients - Matt Woodtke - Athletic Counselor, Peak Performance
6. Advanced Rehab Intro - Blood Flow Restriction & Dry Needling - Kevin Smith, DPT Amanda Hotzman, DPT; Advanced Physical Therapy

2:00

Closing



Alvarium Beer Company New Britain, CT

Monday, May 20, 2024

6:30 PM Networking & Connecting Free Space

7:00 PM "*Communication, Collaboration, and Camaraderie: The Pillars of Positive Team Dynamics*"

Cultivate & maintain high-performing teams at all levels by honing communication & collaborative skills, with camaraderie-building strategies.

Key Takeaways:

- Elements & outcomes of empowering and supporting positive team dynamics
- Strategies and tools for honing communication & collaboration
- Action steps to enhance team camaraderie toward a shared mission and vision

Facilitated by Ryan Stevens – cATalyzing Coaching

*Sponsored by Henry Schein

8:00 PM Networking & Connecting Free Space

*\$25 Additional Charge Includes 1 BOC Category A CEU & Food



2024 CATA Annual Symposium

Symposium Registration Fees

Early Registration Ends May 14, 2024

CATA Member (Licensed/Certified)	\$80
Non-Member	\$95
Certified Student CATA Member	\$45
Certified Student Non-Member	\$55
CATA Student Member	\$20
Student Non-Member	\$30
Sponsor-A-Student	\$20

Registration and On-Site Registration May 15-21, 2024

CATA Member (Licensed/Certified)	\$105
Non-Member.	\$120
Certified Student CATA Member	\$60
Certified Student Non-Member	\$70
CATA Student Member	\$35
Student Non-Member	\$45

Refund/ Cancellation Policy

A 50% fee will be assessed for registrants who cancel less than 21 days prior to this event. For any cancellation equal to or greater than 21 days leading to this event, a full refund will be given. In addition, a full refund will be given if the symposium is cancelled for unforeseen reasons. Any questions to concerns, please contact the CATA Treasurer or President.

Non-Discrimination Statement

The CATA does not discriminate on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age. The CATA is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

Non-Disclosure Statement

The Connecticut Athletic Trainers' Association has no relevant financial relationships to disclose.

