



CONNECTICUT AT Update

Winter 2010

The Official Newsletter of the Connecticut Athletic Trainers' Association.

Distinguished Speakers for Preventing Sudden Death in Sports 2010 CATA Symposium

The CATA is honored to welcome a panel of nationally recognized speakers to this year's CATA Symposium: **Preventing Sudden Death in Sports**. The CATA Symposium Committee is excited to bring such a notable group of experts together to speak about topics of vital importance to the profession of athletic training. Held on June 2, 2010 at Central Connecticut State University's Student Center, registration for the CATA Symposium will begin on March 1, 2010.

The preliminary program includes:
Scott Anderson, ATC
University of Oklahoma
"Exertional Sickling, Fulminate Rhabdomyolysis, and Sudden Death"

Doug Casa, PhD, ATC, FNATA, FACSM
University of Connecticut
"Exertional Heat Stroke"

Eric Crespo, MD, MPH
Cardiac Electrophysiology
Henry Low Heart Center
Hartford Hospital
"Arrhythmic Causes of Sudden Death in Athletes."

Tim Neal, MS, ATC
Syracuse University
"Emergency Planning in Athletics"

Erik Swartz, PhD, ATC
University of New Hampshire
"Acute Management of Cervical Spine Injuries in Athletics"

President's Message

CATA Members and Friends,

Happy New Year to all and I hope that the holidays provided you some quality time with family and friends. As we enter our next Connecticut legislative session, the CATA Executive Council and Chairs are working on fulfilling some resolutions we have made to many of our members this year and in years' past. One of these resolutions was to work on revising our scope of practice in Connecticut.

Our scope of practice in Connecticut was defined and established over a decade ago. Since this time, many changes have occurred in the education and credentialing of the Athletic Trainer (AT). Based on changes in our educational preparation, accreditation, and credentialing process, our current



Tim Speicher
MS, ATC, LAT, CSCS

scope of practice, as defined by [Chapter 375a](#), has been in need of attention to bring it in line with the qualifications of the current day AT. Therefore, we have been recently engaged in discussion with our lobbyist and the [NATA](#) regarding goals to pursue in relation to a scope of practice update, which are as follows:

- update AT scope of practice to reflect current national education standards as set forth

Continued on page 2.

CATA Supports BIAC at Legislative Hearing

The CATA provided testimony in support of the Brain Injury Association of Connecticut (BIAC) at a public hearing before the Appropriations Committee of the Connecticut General Assembly on December 9, 2009. In an effort to curtail the current deficit, the current government proposal would cut significant funding to the BIAC. Loss of this funding would have severely impacted the BIAC's ability to continue to provide support services for survivors of traumatic brain injury and their families, as well as state agencies that depend on the. The CATA is fully supportive of the mission of our colleagues at the BIAC. Click [here](#) to read the CATA's written testimony.

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www.nata.org

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2008-2010**

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President's Message continued.

- by the NATA Education Committee;
- update AT scope of practice to reflect current Board of Certification (BOC) role delineation study, which is representative of the entry level skills expected of Athletic Trainers for national certification and;
- update AT scope of practice to allow Athletic Trainers and athletic training students to practice with patient populations they are qualified to treat.

An additional goal since the start of my tenure as President has been to work collaboratively with our current and past professional allies and adversaries. In keeping with this goal, several key representatives from both the CATA and Connecticut Physical Therapy Association (CTPT) met recently to discuss how both organizations could work collaboratively together on common initiatives that affect both professions and the patients they serve. One topic of conversation was our desire to seek a scope of practice update.

Regardless of any differences of opinion which may exist or be uncovered between professions regarding their scope of practice as we engage in collaboration on this issue and others, it is important to recognize the will of invested stakeholders to work together collaboratively for the better of their professional members and the public as a whole. To quote an old English proverb: "Where there is a will, there is a way." My New Year's resolution is establish a pathway to finding a way for our profession and those we serve in Connecticut. Please join me in helping me fulfill this resolution.

Yours in Service,



**Tim Speicher, MS, ATC, LAT, CSCS
President**

**Thank You to our
GOLD Corporate Partner**



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**Sign Up for CSMS
SportsMed
E-Newsletter**

SportsMed, a quarterly newsletter distributed by the Connecticut State Medical Society's Committee on the Medical Aspects of Sports, will be distributed electronically only, effective immediately. If you would like to receive a copy of this publication, please send an e-mail to audreyhg@csms.org requesting to be added to the mailing list.



www.natafoundation.org

**CATA Symposium
Preliminary Agenda
June 2, 2010**

subject to change

AM

7:00 – 7:30 Registration
7:30 WELCOME
7:45-8:45 Doug Casa, PhD, ATC, FNATA, FACSM
University of Connecticut
“Exertional Heat Stroke”

8:45-8:55 CATA Announcements

8:55-9:40 Eric Crespo, MD, MPH
Cardiac Electrophysiology
Henry Low Heart Center
Hartford Hospital
“Arrhythmic Causes of Sudden Death in Athletes”

9:40-10:10 Q & A; BREAK (Exhibitors)

10:10-10:55 Scott Anderson, ATC
University of Oklahoma
“Exertional Sickling, Fulminate Rhabdomyolysis, and Sudden Death”

10:55- 11:15 CATA Awards Presentations & Announcements

11:15-12:00 Q&A/Exhibitors/Lunch

PM

12:00-12:45 (Working Lunch)
Tim Neal, M.S., ATC
Syracuse University
“Emergency Planning in Athletics”

12:45-1:30 Erik Swartz, PhD, ATC
University of New Hampshire
“Acute Management of Cervical Spine Injuries in Athletics”

1:30 Q & A
ADJOURN

EATA Student Delegate Looks to Improve Communications Through Technology

A junior, Christopher Giacchino is working towards his degree in Athletic Training and Exercise Science at Sacred Heart University. A member of the SHU Men’s Rugby Club, Giacchino will be serving this spring as a student AT for the Women’s Lacrosse team and as the Connecticut Student Delegate to the EATA. As a delegate, Giacchino will act as the link between the athletic training students of CT and the EATA, in developing the student symposium portion of the annual EATA Conference. Knowing that his efforts, along with the feedback received from the students of CT, play an integral role in developing the EATA conference, Giacchino has set clear goals for himself. “I want to increase student involvement in AT related activities by keeping students updated on what is going on in and around Connecticut,” said Giacchino. To this end Giacchino has created a CT Athletic Training Students page, on the ever growing web site *Facebook*. While Chris is focuses on increasing the number of student attendees at local, regional, and national conferences, it’s not his main focus. “I want to develop a better way to connect the students of Connecticut with each other. Many of the AT programs are a short drive from each other, yet neither group of students know what the other is doing.” Giacchino hopes his Facebook project, along with opening lines of communication within the profession will help him obtain his goals.

Giacchino’s student Facebook page can be reached by searching for “*CT Athletic Training Students*”, or through the CATA Facebook page by searching “*Connecticut Athletic Trainers’ Association*.”



www.natapac.org

CATA Call for Student Poster Presentations

As part of the CATA's Annual Symposium, graduate and undergraduate students are encouraged to submit reports on experimental research, injury surveys, case studies, and/or other research projects that are pertinent to the practice of athletic training. Presentations need to be submitted via Stephanie.mazerolle@uconn.edu according to the outline below. All submissions must be received by **April 30, 2010**.

1. The presentation should follow the structured format utilized by the *Journal of Athletic Training* for manuscript articles (see item #14 in the [JAT Authors' Guide](#)).

Components of a structured abstract differ by the type of presentation but should include:

- **Original Research Articles:** Objective, Design and Setting, Subjects, Measurements, Results, Conclusions, and Key Words
- **Case Reports:** Background, Differential Diagnosis, Treatment, Uniqueness, Conclusions, and Key Words
- **Clinical Techniques:** Objective, Background, Description, Clinical Advantages, and Key Words
- **Additional formatting guidelines** can be found by accessing the NATA Research and Education Foundation website. Click [here](#).

2. The presentation must be limited to **400** words (Original Research)/ **600** words (Case Reports & Clinical Techniques) must be typed, single-spaced, on 1-2 pages and have 1" margins on all sides. Type the title of the presentation in all CAPITAL letters starting at the top left margin.

3. All Connecticut and Western Massachusetts Athletic Training Education Programs are asked to encourage their undergraduate athletic training students to submit an individual or group (2 students maximum) poster presentation. If certified athletic trainers/ physicians or other professionals assisted with this presentation the undergraduate student/s must be the primary and secondary author/s. Each Program Director is asked to limit student submissions to a **maximum of 3 presentations (combined undergraduate & graduate) per institution**.

4. Presentations from course work completed the previous spring **are allowed**; this includes abstracts/ presentations that were previously presented at other conferences.

5. Program Directors should submit selected presentations as attachments in one email. This email should include the Program Director's contact information and the students' full name, year of graduation and presentation title. Submissions are due prior to **5:00pm, April 30**.

6. Program Directors will be notified by **April 30** of accepted presentations and directions for poster printing.

7. Any presentation submitted to the Connecticut Athletic Trainers Association (CATA) Annual Meeting is also eligible for submission to the Eastern Athletic Trainers' Association (EATA) Annual Meeting Symposium and the National Athletic Trainers' Association (NATA) Annual Symposium.

Mission Statement

The Connecticut Athletic Trainers' Association (CATA) strives to improve the quality of health care for athletes, patients and clients and enhance the profession of Athletic Training, through leadership, education, and cooperative efforts with other organizations and allied health professions.

Contact Info Change?

To those members who have moved, we need your help. Your corrected contact information is requested. Please go to the NATA website "Members Only" section www.nata.org/members/members.cfm to update. Please be assured your information will not be given away. It will only be used for NATA membership communication.

Thank You,
The CATA Executive Council

NPI

Register for your National Provider Identification (NPI) number, no matter what practice setting you work in! For more information [Click Here](#).

CONNECTICUT AT *Update*
is a publication of the *Connecticut Athletic Trainers' Association*

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Come Out to the Ballgame with the CATA!

Rock Cats and CATA Partner for Fundraiser

The CATA is excited to announce a new partnership with the New Britain Rock Cats. Taking place on Sunday, June 6, 2010, **CATA Day at the Rock Cats** will wrap up the CATA Symposium held the weekend before. Tickets will be available for purchase through the CATA in conjunction with registration for the symposium. This event is a great way to come out and enjoy a game with your friends and family, while helping to raise funds for the CATA at the same time. Proceeds from this year's fundraiser will help benefit CATA scholarships. More information will be announced by CATA e-blast and on the CATA web site. Tickets will go on sale in March. Save the date and come out to the ballgame with the Rock Cats and CATA on June 6!



**CT Athletic Trainers' Association
@ New Britain Stadium**



Catch the Future Stars of the Major Leagues!

Sunday, June 6, 2010

Game Time: 1:35 PM

Gates Open: 12:05 PM

Rock Cats (Minnesota Twins)

vs.

Binghamton Mets (New York Mets)

**Connecticut Athletic Trainers' Association
Fundraiser & Family Fun Day!**

Tickets Are *Only* \$8.00 Or \$5.00!

**Half Of All The Proceeds Raised Will Benefit The
Connecticut Athletic Trainers' Association!**

**Come Out & Show Your Support For
The Connecticut Athletic Trainers' Association!**

**Experience The Fun & Excitement Of Rock
Cats Baseball With Family & Friends!**



**Post-Game
Kids Run the Bases!**



Rock Cats Baseball
Always a Rockin' Good Time!



Double A Affiliate of the
Minnesota Twins!

Questions?

Please email information@ctathletictrainers.org

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Have a question or concern? An idea? Want to volunteer? Please use this number to contact any of the CATA Executive Council members or Committee Chairs.