



23rd Annual Sports Medicine Symposium

A View From The Penalty Box - An In-Depth Look at Hockey Injuries

TUESDAY, AUGUST 7, 2018



PANEL OF SPEAKERS: Speakers will include physicians and athletic trainers who work directly with the Hartford Wolf Pack, UConn, Quinnipiac and Junior Hockey.

Course Location:
Rentschler Field, East Hartford, CT

Cost:
Professional:
\$120.00 Early Bird registration prior to July 21, 2018
\$149.00 after July 21, 2018 and on site registration

Students:
\$60.00

Mail registration & payment to:
Select Physical Therapy
29 North Main Street
West Hartford, CT 06107
860.561.3960

Register on-line:
<https://hockeyinjurysymposium2018.eventbrite.com>
(No purchase orders accepted. Online registration closes August 6th with limited registrations at the door accepted.)

P R E S E N T E D B Y



This symposium is designed to help the sports medicine professional prepare for the upcoming sports season and beyond. Portions of the proceeds will fund two student Athletic Training undergraduate scholarships.

* Program is approved for 6.5 CEUs, including 2 CEUs applied for Evidenced-Based Practice (EPB-Pending).

FACE OFF

7 a.m.
Registration (Breakfast provided)

7:50 a.m.
Introduction

FIRST PERIOD

8 a.m.
Developing Your Hockey Sports Medicine Team

8:30 a.m.
*Sticks, Skates and Boards - Blunt and Soft Tissue Trauma *EBP*

9:00 a.m.
Is it just a Groin Strain?

LINE CHANGE - Break

9:30 a.m.
Visit with Vendors

SECOND PERIOD

9:45 a.m.
Evaluation and Management of Clavicular Injuries

10:15 a.m.
Under the Glove - Hand and Wrist Injuries in Hockey

DROP THE GLOVES - Pardon the Interruption

10:45 a.m.
Panel Discussion and Questions

POWER PLAY - Learning Labs

Attendees can choose two of the 25 minute labs

11:15 a.m.
Stitch or Not to Stitch
Dry Land Training
Equipment Modifications
Rehabilitation Exercises for the Hip and Groin

ZAMBONI BREAK - Lunch/Visit Vendors

12:05 p.m. - *Lunch (provided)*

THIRD PERIOD

12:45 p.m.
*Concussions - Rule Changes and Management *EBP*

1:15 p.m.
Stories from the Ice - Case Studies

TIME OUT - Break

1:45 p.m.
Visit with Vendors

OVERTIME

2 p.m.
*Prevention on the Ice *EBP*

2:30 p.m.
*Emergent Care on Ice *EBP*

3 p.m.
Get an Edge on Hockey Rehabilitation

SHOOT OUT

3:30 p.m.
Stanley Cup Social